

**Shallowater Independent School District  
Shallowater School Nurses**

The following policies have been adopted for the nurse's office. Listed below are guidelines for parents to follow.

**Fever-** A student will be sent home with a temperature of 100.0 degrees or above. A temperature check is typically obtained on all students complaining of headache, nausea, vomiting, diarrhea, ear aches, and sore throats, or if the student has had a recent fever or was given medication for fever at home.

**Vomiting-** A student will be sent home if they have vomited at school. A student is usually not sent home for coughing or drainage induced vomiting, unless it gets to be a problem for student or teacher. The nurse will use her discretion.

**Diarrhea-** A student will be sent home if they have diarrhea that indicates a contagious illness.

**Pink eye-** The student will be sent home if there is any evidence of matting of the eye(s) that suggests infection is present. This is a highly contagious infection, but easily treatable with medicated eye drops. The student may return to school after seeing a physician and following prescribed protocol. Eye drops can be given at school with a written note from the parent. If the eye is red, but no matting noted, the nurse may send home a note to watch for signs of pink eye.

**Stomachache/Nausea-** The student will be allowed to rest in nurse's office for approximately 10-15 minutes. If no vomiting occurs, and no other significant findings are assessed by the nurse, the student will be sent back to class. Refer to above statement for actual vomiting.

**Headaches-** The student will be given a glass of water and allowed to rest for approx. 10 minutes with a cool rag or ice pack on their forehead.

**Sore throats-** The student will be offered a salt water or baking soda gargle or cough drop. A student will be sent home if pus pockets, petechiae (bruising) or a red beefy appearance is noted in the throat. A signed note from physician will be required upon returning to school.

**Splinters-** We do not remove splinters, unless they are protruding from the skin.

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Carrie Williams, RN (Intermediate):  
Diane Ussery, LVN (Middle):  
Phebe Myers, RN (High School):

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**Lice-** A student is sent home if an infestation of live lice are found. A student is not sent home for nits. The nurse will need to check the hair before returning to classroom. The campus nurse will use discretion and treat each case individually.

**A Rash-** A student will be sent home for any unidentified rash or if the rash spreads. The nurse will use her judgement on individual cases.

**Head injury/ Injury-** A student will be assessed on individual basis. Type and severity of injury will determine treatment. A note or phone call will be sent on an individual basis.

**Medications-** Please consult our medication policy for information.

### **Emergency Contacts**

Please inform the nurse's office of any change in home, work and cell phone numbers. We will try to first contact a parent. If we are unable to contact a parent, we will start on your emergency contact list. The emergency contact needs to be someone that can pick up your child in the event you cannot be reached.

### **Immunizations**

All students must be in compliance with Texas State immunization laws. New or transferring students from another school in Texas are allowed 30 days to be in compliance with the Texas State laws. New students from another state will be required to have all immunizations before they start. No student may attend school without a copy of the current and up-to-date immunization records. Refer to [www.immunizetexas.org](http://www.immunizetexas.org)

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